

Shopping List for your Baby's Bedding



By Rachel Waddilove

For Beaming Baby

Parenting information you can rely on, from Baby Expert Rachel Waddilove.

Rachel provides wonderfully warm and practical guidance for you and your new baby in "The Baby Book, how to enjoy year one".

Shopping list for your baby's bedding equipment

Shopping List for Baby Bedding Essentials

- Moses basket/crib and mattress
- Drop-side cot and mattress (if you have a big baby she may have outgrown her basket by six weeks)
- Bedding for the Moses basket: at least four fitted sheets, four cellular cotton blankets and four flat sheets (optional)
- Bedding for the drop-side cot: four fitted sheets, four flat sheets, four large blankets
- Twelve to twenty-four muslin squares (place under baby's head to catch any milk he brings up)
- Two shawls for swaddling
- Room temperature gauge (optional)
- Baby monitor (optional)

You can buy cots that convert into a small bed when your child is older, but remember that you may need the cot for your next baby.

About the Author

Rachel Waddilove is a mother and a grandmother with over forty years experience as a maternity nurse, child-care expert, parental adviser and author.

Helping parents to look after their babies and young children is her passion and she provides a Consultancy and Maternity Nurse Service offering help and advice with newborns, growing babies and toddlers.

For more about Rachel, please visit [Rachel Waddilove's Page](#)



More Information

For more information about preparing for the birth of your baby, please visit the [Beaming Baby Center](#), call our Free Helpline or email us, we'll be delighted to hear from you.

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