

Beaming baby

Organic & Natural  
Baby Essentials

# Baby Bathing & Washing Equipment



By Rachel Waddilove

For Beaming Baby

Here's another excellent snippet of essential information from Baby Expert Rachel Waddilove.

Rachel provides wonderfully warm and practical guidance for you and your new baby in "The Baby Book, how to enjoy year one".

## Bathing and Washing Equipment

Toiletries for your baby should be gentle and suitable for sensitive skin.

### ***Bathing Shopping List***

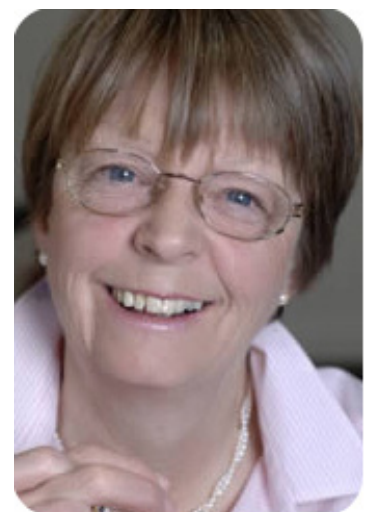
- Two bath towels or baby towels with hoods
- Two hand towels
- Two sponges (optional)
- Two soft flannels
- Baby soap or liquid wash
- Baby powder
- Cotton wool
- Moisturizing cream or lotion
- Baby oil (olive oil is just as good)
- Shampoo
- A soft hairbrush
- Baby nail scissors with rounded tips
- Bath thermometer (optional)
- Waterproof bathing apron (optional but very useful)
- Baby bath and stand (optional)

### ***About the Author***

Rachel Waddilove is a mother and a grandmother with over forty years experience as a maternity nurse, child-care expert, parental adviser and author.

Helping parents to look after their babies and young children is her passion and she provides a Consultancy and Maternity Nurse Service offering help and advice with newborns, growing babies and toddlers.

For more about Rachel, please visit [Rachel Waddilove's Page](#)



## ***Rachel's Books***

We thoroughly recommend Rachel Waddilove's books. To find out more, click on one of these links:

[The Baby Book, How to Enjoy Year One](#)

[The Toddler Book, How to Enjoy Your Growing Child](#)

## ***More Information***

For more information about preparing for the birth of your baby, please visit the [Beaming Baby Center](#), call our Free Helpline or email us, we'll be delighted to hear from you.

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